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From: cwood@bhhtait.com [<mailto:cwood@bhhtait.com>]

Sent: Tuesday, April 27, 2010 12:22 PM

To: EBSA, E-OHPSCA - EBSA

Subject: Comment in support of RIN 1210-AB30

April 27, 2010

I am writing to support the interim final rule under the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 (RIN 1210-AB30).

I support the strong rule that would forbid insurance companies from charging higher copayments, deductibles, and other out-of-pocket expenses for mental health treatment than they would for other physical health care. It has been proven that mental health has a direct affect on physical health. I hazard a guess that a large percentage of U.S. citizens require mental health, considering the extreme stress that so many live under. Thank you for ensuring that mental health care and physical health care coverage are included in a single deductible. It just makes common sense.

Sincerely,

catherine wood
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Wilmington, DE 19805